Physical Adaptations

Centuries under Duskara's radiation and environmental extremes have left subtle marks on human physiology beyond psychic gifts. Duskarans born in the twilight belt often display increased melanin production and reflective eye structures that filter harsh light more efficiently. Cave-dwelling populations show enhanced low-light vision and slightly altered circadian rhythms, though not to the extent of true night-adaptation.

Lung capacity has increased marginally across all populations to compensate for the planet's thinner atmospheric regions near the day side, while those living in perpetually cold zones exhibit higher metabolic rates and subcutaneous fat distribution patterns. These changes are minor—Duskarans remain unmistakably human—but represent the early stages of environmental adaptation that, given millennia, might result in more pronounced divergence.

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