

Food and Medicine

Duskaran cuisine combines preserved Earth techniques with native ingredients, creating dishes like glowcap stews, wind-vine salads, and geothermal-roasted meats. Meals are communal, emphasizing gratitude and resource sharing. Medicine blends Earth-based knowledge with the properties of local plants, with herbal teas and fungal salves serving as common remedies.

Revision #5

Created 2025-11-28 14:42:52 UTC by zeruhur

Updated 2025-11-28 15:07:58 UTC by zeruhur